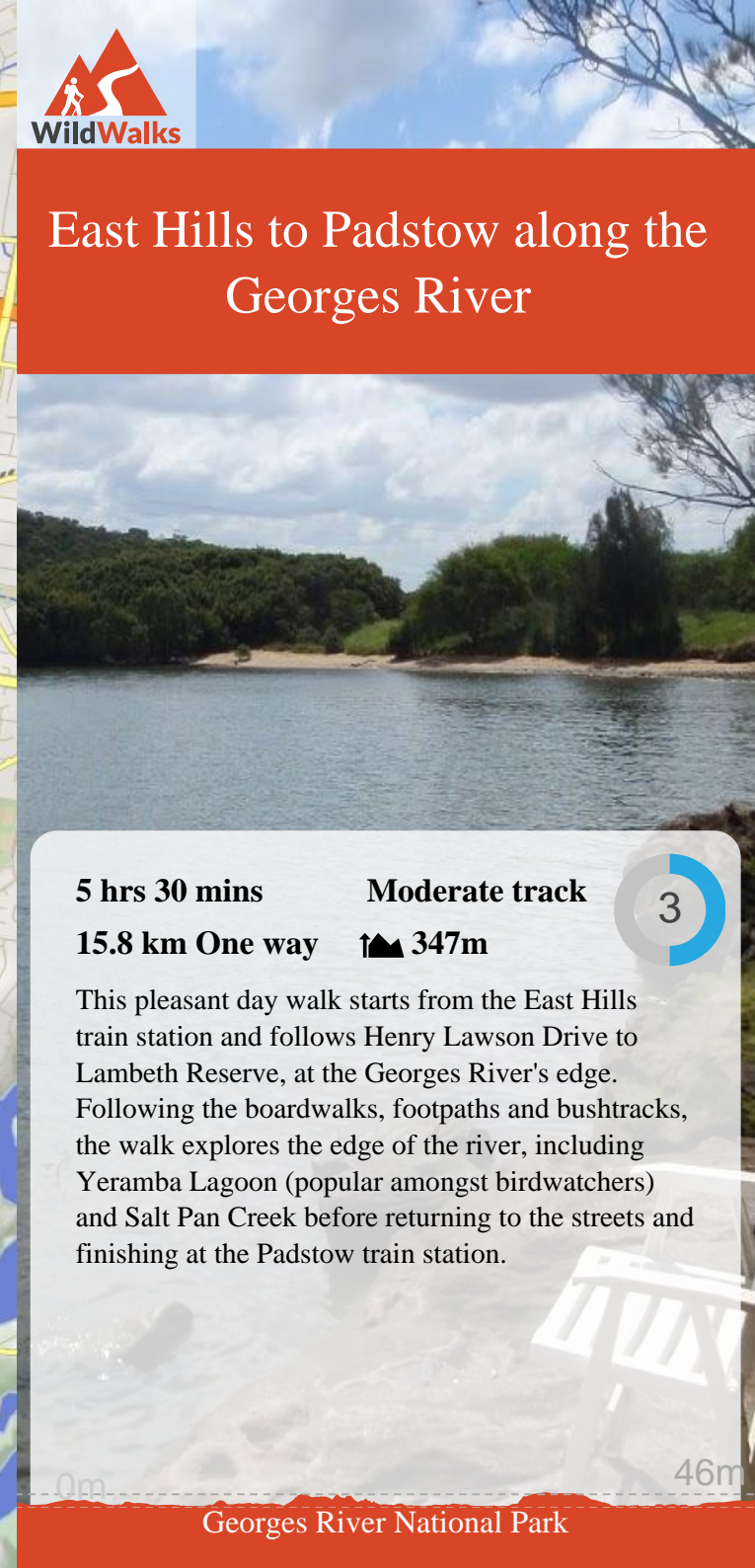
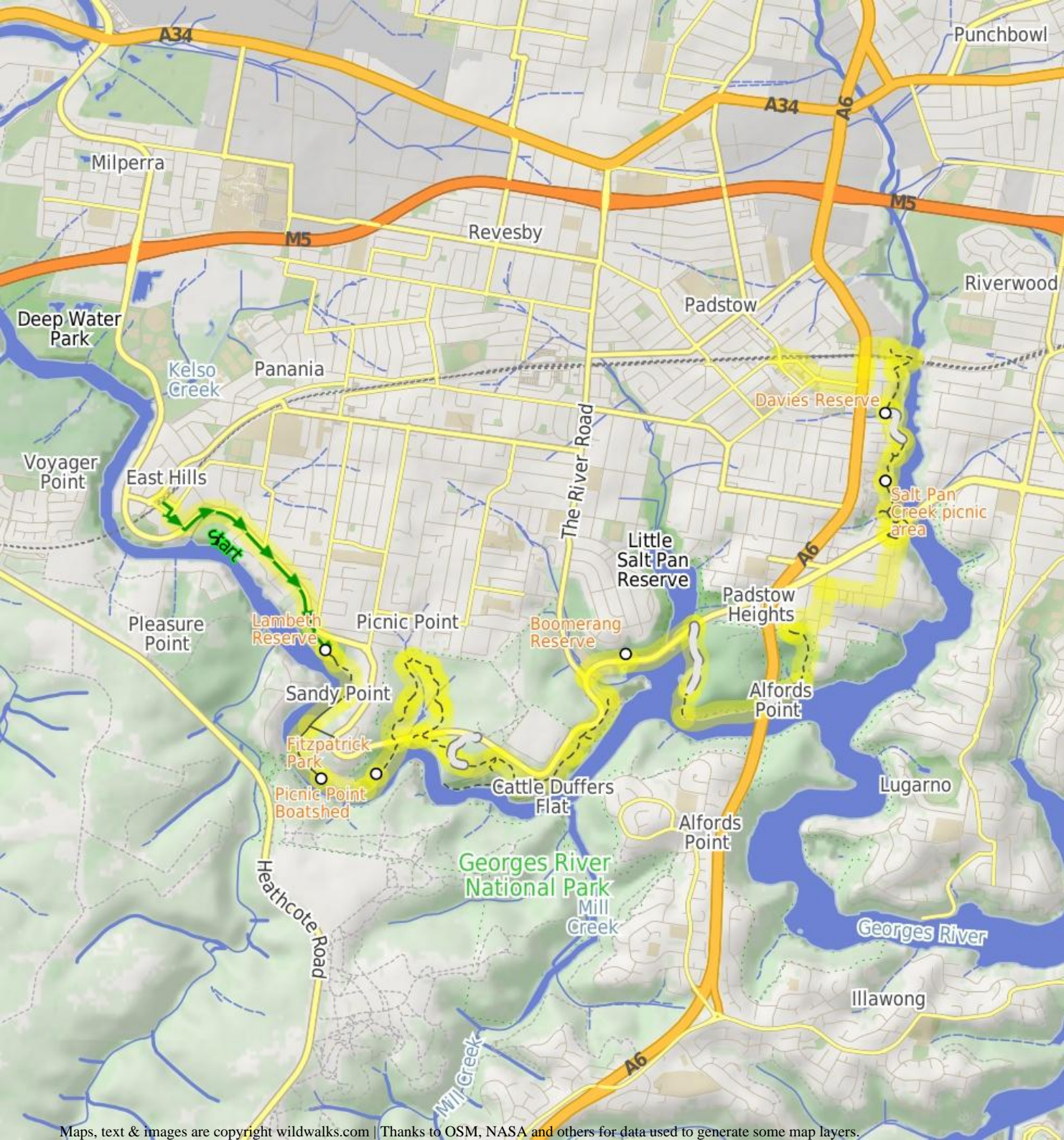



East Hills to Padstow along the Georges River



5 hrs 30 mins

Moderate track

3

15.8 km One way  **347m**

This pleasant day walk starts from the East Hills train station and follows Henry Lawson Drive to Lambeth Reserve, at the Georges River's edge. Following the boardwalks, footpaths and bushtracks, the walk explores the edge of the river, including Yeramba Lagoon (popular amongst birdwatchers) and Salt Pan Creek before returning to the streets and finishing at the Padstow train station.

Lambeth Reserve

This reserve is a great little riverside park with ample parking, play equipment, a jetty, a small section of beach, sheltered picnic benches and plenty of open space. As well as the facilities, this reserve also links onto a wheelchair accessible track that follows the Georges river along boardwalks and footpaths, all the way to Picnic Point. Dogs are permitted at the park if on a leash. The reserve is signposted from Henry Lawson Drive.

Picnic Point Boatshed

This boatshed and cafe can be found beside the Georges rivers at Picnic Point (on Carinya Rd). They serve a variety of simple hot foods (pies and sausage Rolls), ice creams and cold drinks. They also provide ice, fishing bait and tackle. There is a small jetty for boats to re-fuel and a boat repair service.

Fitzpatrick Park

This large park is situated on the Georges River and has the basic facilities such as water and toilets, as well as plenty of shade from trees and a lot of open space, making it a great spot for a family outing.

Boomerang Reserve

This relatively small park can be found on Henry Lawson drive, between the Little Salt Pan creek and The River road. The park is surrounded by dense forest on three sides and a small timber barrier on the road side. The park has a few sheltered picnic benches and a large map of Bankstown that was erected by the local Rotary club. There is plenty of open space and a few nice large trees for shade.

Salt Pan Creek picnic area

This small picnic area on the Salt Pan Creek walking track can be accessed directly from the stairs at the end of Werona Ave. This clearing provides a couple of picnic benches and tables, natural shade and a small, grassy clearing. The space is big enough for a bit of running around or to spread out a picnic blanket. The picnic area is on the edge of Salt Pan Creek, with dense mangroves along to river bank. There are a number of houses overlooking the area from the cliffs above.

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Metropolitan District](#))
- 2) Fire Dangers ([Greater Sydney Region](#))
- 3) Park Alerts ([Georges River National Park](#))
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

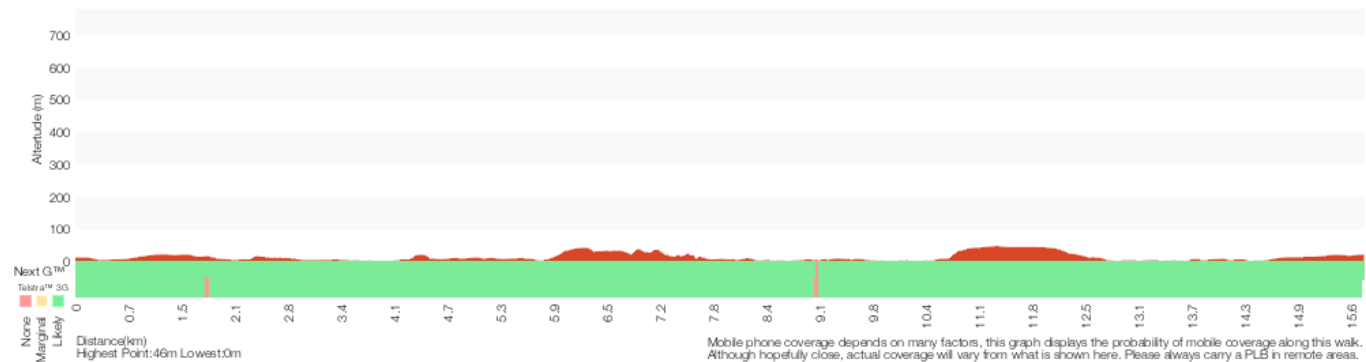
- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91303S BOTANY BAY, 90302S LIVERPOOL

1:100 000 Map Series:9130 SYDNEY, 9030 PENRITH



Mobile phone coverage depends on many factors, this graph displays the probability of mobile coverage along this walk. Although hopefully close, actual coverage will vary from what is shown here. Please always carry a PLB in remote areas.

Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 3/6
Moderate track

Length	15.8 km One way
Time	5 hrs 30 mins
Quality of track	Formed track, with some branches and other obstacles (3/6)
Signs	Directional signs along the way (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to East Hills Railway Station (gps: -33.962, 150.9846) by car, train or bus. Car: There is free parking available.

You can get back from Padstow Railway Station (gps: -33.9519, 151.032) by car, train or bus. Car: There is free parking available.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/chtptagr>

0 | East Hills Railway Station

(2 km 33 mins) From the railway station, the walk heads out along the Thompson Lane exit and follows the lane to the end. The walk turns right onto Broe Avenue, then left onto Maclaurin Avenue. Once at Henry Lawson Drive, the walk turns left and follows the road for about 1.5km until arriving at the signposted 'Lambeth Reserve' driveway. Here, the walk turns left and winds down the hill to the car park.

1.97 | Lambeth Reserve

This reserve is a great little riverside park with ample parking, play equipment, a jetty, a small section of beach, sheltered picnic benches and plenty of open space. As well as the facilities, this reserve also links onto a wheelchair accessible track that follows the Georges river along boardwalks and footpaths, all the way to Picnic Point. Dogs are permitted at the park if on a leash. The reserve is signposted from Henry Lawson Drive.

1.97 | Lambeth Reserve carpark

(130 m 2 mins) Continue straight: From the car park, the walk follows the gravelly footpath between the play equipment and the river (keeping the river on the right), past the picnic shelters. The footpath passes through some trees and soon comes to the start of the wooden Georges river boardwalk.

2.09 | Georges river boardwalk north

(390 m 8 mins) Continue straight: From the junction of the footpath and boardwalk, the walk follows the boardwalk, keeping the river to the right. The footpath passes a seat with a view of the river and continues, winding through Pine trees, reeds and mangroves, to the end of the boardwalk (The last section of the boardwalk is fenced).

2.48 | Georges river boardwalk south

(800 m 14 mins) Continue straight: From the end of the boardwalk, the walk follows the gravel footpath, keeping the river on the right. The footpath passes a seat at a viewpoint and continues along the river, coming to the bottom of a set of timber steps that head up to Henry Lawson drive.

Continue straight: From the intersection, the walk follows the footpath south along the Georges river. The footpath runs through a long grassy clearing, between Carinya road and the river, and comes to the intersection with Carinya road, at the metal Gate near the sheltered picnic bench.

Continue straight: From the picnic shelter, the walk follows the dirt and sandy track between Carinya road and the river (keeping the river on the right). The track follows the rivers edge until it passes around a very small beach and comes to the Picnic Point Boat shed. (Wheelchair access along Carinya Rd a few meters to the left)

3.29 | Picnic Point Boatshed

This boatshed and cafe can be found beside the Georges rivers at Picnic Point (on Carinya Rd). They serve a variety of simple hot foods (pies and sausage Rolls), ice creams and cold drinks. They also provide ice, fishing bait and tackle. There is a small jetty for boats to re-fuel and a boat repair service.

3.29 | Picnic Point Boatshed

(490 m 9 mins) Continue straight: From the Picnic Point Boatshed, the walk follows Carinya Road, keeping Georges River on the right. The walk heads past Picnic Point Scout hall and past a number of houses until coming to the end of the road, at the gate on Fitzpatrick Park driveway.

Continue straight: From the end of the road, this walk passes around the metal gate, into Fitzpatrick Park (signposted) and along the driveway that follows, keeping Georges River on the right. The road passes a number of picnic tables and great gums before coming to a small car park at the end of the driveway, near a small sandy beach on the river bank.

3.78 | Fitzpatrick Park

This large park is situated on the Georges River and has the basic facilities such as water and toilets, as well as plenty of shade from trees and a lot of open space, making it a great spot for a family outing.

3.78 | End of Fitzpatrick Park drive way

(320 m 5 mins) Continue straight: From the end of the driveway, this walk heads through the grassy park, keeping the river on the right. There is no 'real' track as such, the walk simply follows the bank of the Georges Rivers around the park. At the end of the park, this walk crosses Yeramba Lagoon creek bridge, then turns left and heads up to the gate on Henry Lawson Drive. From the gate, the walk crosses Henry Lawson Drive to the grassy strip through the gap in the safety railing on the other side.

4.1 | Int of Lagoon bushtrack and Henry Lawson Drive

(1.7 km 30 mins) Veer left: From the the gap in the safety railing, this walk heads away towards the lagoon, across the grassy clearing. The track passes the faded information sign and crosses the short wooden bridge. The track continues winding through thick grass trees and bracken ferns to the bottom of a winding rock staircase. This walk heads to the top of these stairs then follows the bush track through the trees (keeping the lagoon on the right), winding along until coming to the intersection with the bush track, marked by a signpost with an arrow on it.

Veer right: From the intersection, this walk follows the arrow north (away from the sign on the left side of the track), heading along the bush track for a short while until coming down through a gap in a rock to the intersection with the lagoon bush track, marked by an arrow.

Continue straight: From the intersection, this walk follows the bush track heading north down the rocky hill (keeping the lagoon on your right). The track then heads around side of the lagoon, and passes through a patch of grass trees, continuing through the bush to the intersection just before the dense tree canopy.

Veer right: From the intersection, this walk follows the bush track heading down under the thick leafy tree canopy. The walk crosses the creek and continues up the hill, winding to the top at an intersection with a bush track.

Veer right: From the intersection, this walk follows the bush track down the gentle hill, passing the top of a large rock platform and continuing up the other side. At the top of the hill, the track comes to an intersection with the north-eastern bush track.

Turn right: From the intersection, this walk follows the bush track heading south towards the lagoon, down the gentle rocky hill. The track is fairly flat for a short while before coming to a 'Y' intersection with the Lagoon and Sub Station tracks.

Veer right: From the intersection, this walk follows the bush track heading

down the rock outcrop (keeping the lagoon on the right). The track soon passes a burnt car and continues among some short grass trees to the water's edge. The track follows the lagoon for a short distance until turning up and away from the water, to the intersection with another bush track.

Continue straight: From the intersection, this walk follows the bush track downhill, keeping the lagoon on the right. After a short distance, the track comes to the birdwatchers' observatory frame (looks a little like monkey bars). Continue straight: From the frame, this walk follows the bush track, keeping the lagoon on the right. The track soon starts winding down a rocky hill then crosses a short wooden bridge. This walk then heads up a short set of rock steps and across a grassy area to the Yeramba Lagoon car park on Henry Lawson Drive.

5.75 | Yeramba Lagoon carpark

(70 m 1 mins) Turn left : From the car park entrance, this walk follows Henry Lawson Drive up the hill (with Georges River on the right) for just over 60m until coming to a faint intersection with the Ridgetop bush track, on the righthand side of the road.

5.82 | Int of Henry Lawson Drive and Ridgetop bushtrack

(270 m 7 mins) Turn right: From the side of Henry Lawson Drive, this walk heads up the rocky bush track, winding past some small rock outcrops and continuing up the hill. The track continues almost to the top of the hill, where it flattens out and comes to the intersection of the unsignposted Ridgetop loop track.

Continue straight: From the intersection, this walk follows the bush track heading south-east through the bush, winding around for a short distance to the intersection of the Ridgetop service trail.

6.09 | Int of Ridgetop service trail and loop track

(140 m 2 mins) Turn right: From the intersection, this walk follows the management trail heading south-east through the bush (with Georges River off to the right, though not visible). The walk passes an intersection with a bush track then continues along until coming to the intersection with the Ridge Track (not signposted).

6.23 | Int of Ridge Track and Ridgetop service trail

(1.6 km 38 mins) Veer right: From the intersection, this walk follows the bush track heading through the thick scrub, away from the service trail and towards the river. The track bends around to the left and continues along the side of the ridge until coming to the intersection of the signposted 'Cattle Duffers Flat' track on the right.

Veer right: From the intersection, this walk follows the 'Morgans Creek' arrow along the bush track, crossing over some metal pipes and under two sets of power lines. The walk continues along the ridge for a while until it passing under a third set of power lines. The track then heads down the hill and across a small creek, to the intersection of an un-signposted bush track on the right.

Continue straight: From the intersection, this walk follows the bush track heading up through the thick bush and along the side of the ridge, keeping Georges River on the right. The track heads through some really nice sandstone rock formations, with plenty of gum trees and ferns around. As the track winds around a rock ledge, it comes to signposted track on the right (which heads down to Burrawang Reach).

Continue straight: From the intersection, this walk follows the 'Morgans Creek 500m' sign as it heads along the side of the ridge, with the Georges River visible through the trees to the right. The walk winds along until it turns down the ridge and heads down to the Georges River National Park driveway.

7.81 | Int of Morgans Creek and the Ridge Track

(570 m 10 mins) Veer left: From the intersection, the walk follows the road up the gentle hill, passing the entry ticket booth and coming to the intersection with Henry Lawson Drive.

Turn right: From the intersection, the walk follows Henry Lawson drive, keeping Georges River to the right. The road bends to the right and soon reaches Boomerang Reserve, on the left.

8.38 | Boomerang Reserve

This relatively small park can be found on Henry Lawson drive, between the Little Salt Pan creek and The River road. The park is surrounded by dense forest on three sides and a small timber barrier on the road side. The park has a few sheltered picnic benches and a large map of Bankstown that was erected by the local Rotary club. There is plenty of open space and a few nice large trees for shade.

8.38 | Boomerang Reserve

(570 m 10 mins) Continue straight: From the intersection, the walk follows Henry Lawson drive, keeping the river to the right. The road crosses the Little Salt Pan creek bridge then heads up to the intersection with the Georges River service trail, on the right (approximately 150 metres past the bridge).

8.95 | Int of the Henry Lawson drive and Georges River Na

(530 m 10 mins) Turn right: From the intersection, the walk follows the service trail away from the road, around the metal gate and towards Mickeys Point. The trail winds past mangroves and through thick bush until it comes out at a large open clearing. At the other end of the clearing the service trail ends at a small turning circle.

9.48 | End of Gorges river service trail

(230 m 4 mins) Continue straight: From the end of the service trail, the walk follows the bush track through the long grass towards the river. At the river, the track turns left and meanders up and down along the side of the river, until reaching the start (western end) of a long sandy beach.

9.71 | West end of Mickeys Point Beach

(600 m 10 mins) Continue straight: From the end of the bush track, the walk follows the beach (keeping the water on the right). The walk stays on the beach until reaching the base of the large Alford's Point bridge.

10.31 | Base of Alford's Point Bridge

(320 m 6 mins) Continue straight: From the base of the bridge, the walk heads off the sand and winds around mangroves and through reeds (keeping the river on the right). After the clearing on the left, the walk comes to the sandy One Tree point service trail, near the trees.

10.64 | Int of One Tree Point service trail

(500 m 12 mins) Veer left: From the intersection, the walk follows the old service trail away from the river. The trail passes through the reeds and the pine trees as it winds up a steep rocky hill. At the top of the hill, the trail passes under the powerlines, bends to the left and soon reaches an intersection with a bush track, to the right.

Continue straight: From the intersection, the walk follows the bush track beside the powerlines up the small hill to the metal gate at the bend in Playford Rd.

11.13 | Int of One Tree Point bushtrack and Playford road

(1.4 km 23 mins) Turn right: From the intersection, the walk follows the footpath along Playford's road to the north-east, keeping the road on the right. The walk continues to follow Playford Rd when it bends to the right (at the intersection with Roma avenue), then turns left into Dilke road at the 'T'

intersection. The walk continues to the intersection with Villers Rd (there is a corner store and public phone on the left plus a large water tank on the right).

Turn right: From the intersection, the walk follows Villiers road east (initially keeping the water tank on the right). Soon, the walk turns left onto Queensbury road and follows it, before turning right at the 'T' intersection onto Richmond avenue. The walk immediately turns left onto Riverview road, and continues to the end of the road.

12.56 | End of Riverview road

(190 m 3 mins) Turn left: From the end of the road, the walk follows the concrete footpath (following the power lines) between house numbers 5 and 6. After a short distance the walk reaches the footpath on Henry Lawson Drive.

Turn right: From the intersection, the walk follows the footpath on Henry Lawson drive down the hill, (keeping the road on the left) towards the bridge. Just before the bridge, the walk comes to the top of a wooden staircase, to the right.

12.75 | Western end of Salt Pan Creek Bridge

(550 m 10 mins) Turn right: From the intersection, this walk follows the boardwalk down the wooden staircase and loops around under the bridge. The walk passes a few picnic chairs and winds around through some mangroves, following the boardwalk to the intersection of the Alma Road concrete footpath track on the left.

Turn right: From the intersection, this walk follows the footpath north (keeping the river on the right) onto a bush track and then up some wooden steps. The track continues along for a while until it drops down some more steps to the Salt Pan creek picnic area.

13.3 | Salt Pan Creek picnic area

This small picnic area on the Salt Pan Creek walking track can be accessed directly from the stairs at the end of Werona Ave. This clearing provides a couple of picnic benches and tables, natural shade and a small, grassy clearing. The space is big enough for a bit of running around or to spread out a picnic blanket. The picnic area is on the edge of Salt Pan Creek, with dense mangroves along to river bank. There are a number of houses overlooking the area from the cliffs above.

13.3 | Salt Pan Creek picnic area

(220 m 4 mins) Continue straight: From the picnic area, this walk follows the bush track up the steps (keeping the river on the right) and winds along the side of Salt Pan Creek until it drops back down some steps onto a boardwalk. The track continues along the boardwalk, alongside the creek, until it comes to the bottom of Weenamana Place steps on the left.

13.52 | Bottom of Weenamana Place steps

(170 m 3 mins) Continue straight: From the bottom of the steps, this walk follows the boardwalk as it winds alongside the river (keeping the river on the right), through mangroves for a short while. Soon the boardwalk becomes a bush track and continues to the picnic area under the large pipe bridge.

13.69 | Picnic area at base of Pipe Bridge

(280 m 6 mins) Continue straight: From the picnic area, the walk follows the hardened management trail (keeping the creek on the right) as it winds along the side of the river. The walk passes a fenced-off area on the left before it turns left heads up the hill, coming near to the play equipment at Davies Reserve.

13.97 | Davies Reserve

This park can be accessed from the end of Tallawarra Ave or directly from Davies Road in Padstow. The Reserve is one of the spots along the Salt Pan

Creek walking track. The facilities provided at this reserve include play equipment, a toilet block and picnic tables and seats. There is plenty of open space, and shade from a few large trees. There is parking for about 20 cars.

13.97 | Davies Reserve

(700 m 13 mins) Turn right: From Davies Reserve, this walk follows the fenced boardwalk running parallel to the power lines, keeping Salt Pan Creek on the right. The track passes through the wetlands for a short distance, coming to an intersection with the Truro Parade boardwalk on the left.

Continue straight: From the intersection, the walk continues along the short board walk (keeping the power lines above to the right). Soon the boardwalk joins onto a hardened footpath, which continues along through the grass clearing, running parallel to Salt Pan Creek. The track passes behind a number of houses, and then passes a couple of transmission towers as the footpath tends left to the end of Meager Avenue.

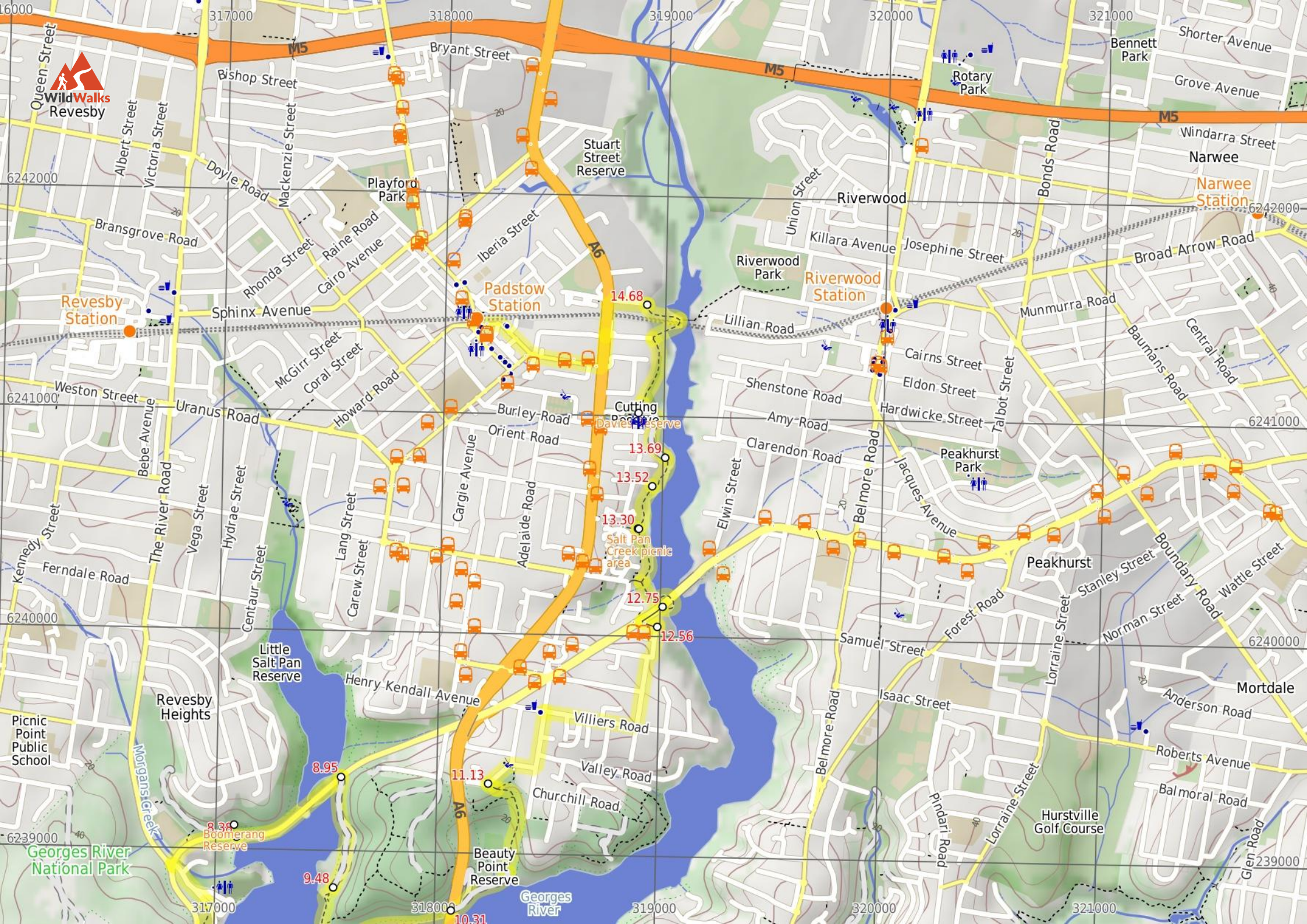
Veer right: ###This section of the track is closed for End of 2010 to sometime in 2011. Please walk along Meager Ave to Davies Rd as an alternate route### From the end of Meager Ave, the walk follows the footpath lined with wooden posts (with the white house at no.2 initially on the left) into the bush and down the gentle hill. After a short distance, the footpath joins a board walk and continues through some mangroves and out to the creek edge. The boardwalk then turns left, crossing under the railway bridge to the intersection with the Salt Pan Creek footbridge on the right.

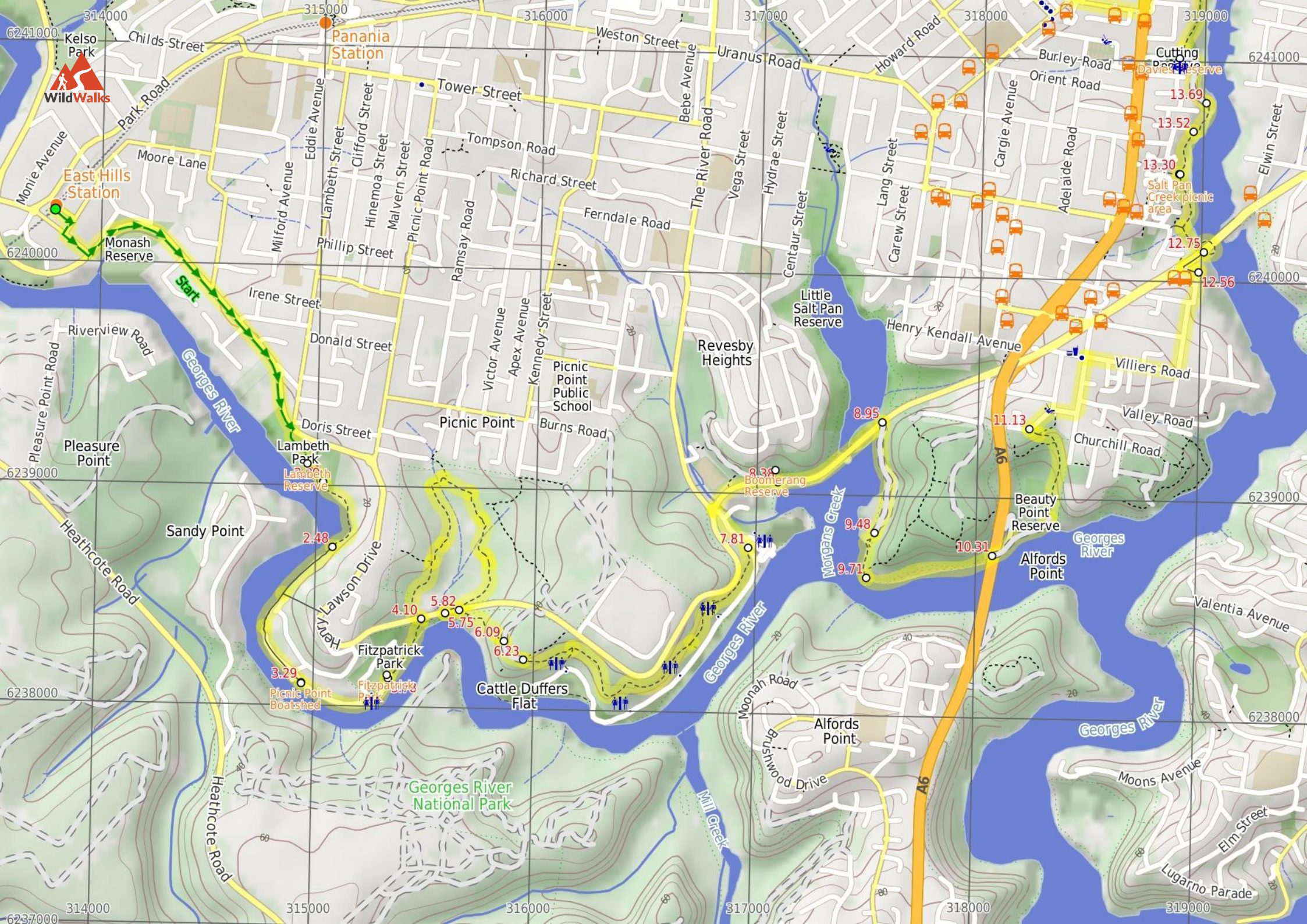
Turn left: From the intersection, this walk follows the boardwalk around the creek's edge (keeping the train line on the left) and through some mangroves for a short distance, until coming to a concrete footpath. This path continues past a transmission tower to the end of Bridge Street.

14.68 | End of Bridge Street

(1.1 km 19 mins) Turn left: From the car park at the end of the street, this walk follows the foot path along Bridge Street to the 'T' intersection of Davies Road, where the walk turns left. Following the footpath, this walk soon crosses the railway bridge and comes to the intersection with Meager Avenue.

Continue straight: From the intersection, this walk heads south (away from the trail line) along Davies Road, along the footpath. After a short while, the walk turns right into Ryan Rd, crossing at the traffic lights. This walk follows the footpath through the suburbs to cross, straight ahead at the roundabout, onto Howard Road. The road then passes a few shops and comes to the Padstow railway station on the right.





Summary navigation sheet for the East Hills to Padstow along the Georges River



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
0.00	East Hills Railway Station -33.962,150.9846 (GR Liverpool, 138402)	25 -29	2 km 33 mins	From the railway station, the walk heads out along the Thompson Lane exit and follows the lane to the end.
1.97	Lambeth Reserve carpark -33.9723,150.9972 (GR Liverpool, 150391)	0 -3	130 m 2 mins	Continue straight: From the car park, the walk follows the gravelly footpath between the play equipment and the river (keeping the river on the right), past the picnic shelters.
2.09	Georges river boardwalk north -33.9731,150.9978 (GR Liverpool, 150390)	16 -7	390 m 8 mins	Continue straight: From the junction of the footpath and boardwalk, the walk follows the boardwalk, keeping the river to the right.
2.48	Georges river boardwalk south -33.9758,150.9983 (GR Liverpool, 151387)	10 -19	800 m 14 mins	Continue straight: From the end of the boardwalk, the walk follows the gravel footpath, keeping the river on the right.
3.29	Picnic Point Boatshed -33.9814,150.9967 (GR Liverpool, 149381)	5 -8	490 m 9 mins	Continue straight: From the Picnic Point Boatshed, the walk follows Carinya Road, keeping Georges River on the right.
3.78	End of Fitzpatrick Park drive way -33.9812,151.001 (GR Botany Bay, 153381)	2 -2	320 m 5 mins	Continue straight: From the end of the driveway, this walk heads through the grassy park, keeping the river on the right.
4.10	Int of Lagoon bushtrack and Henry Lawson Drive -33.9788,151.0026 (GR Botany Bay, 155384)	36 -36	1.7 km 30 mins	Veer left: From the the gap in the safety railing, this walk heads away towards the lagoon, across the grassy clearing.
5.75	Yeramba Lagoon carpark -33.9785,151.0038 (GR Botany Bay, 156384)	4 0	70 m 1 mins	Turn left : From the car park entrance, this walk follows Henry Lawson Drive up the hill (with Georges River on the right) for just over 60m until coming to a faint intersection with the Ridgetop bush track, on the ...
5.82	Int of Henry Lawson Drive and Ridgetop bushtrack -33.9784,151.0045 (GR Botany Bay, 157384)	33 0	270 m 7 mins	Turn right: From the side of Henry Lawson Drive, this walk heads up the rocky bush track, winding past some small rock outcrops and continuing up the hill.
6.09	Int of Ridgetop service trail and loop track -33.9797,151.0067 (GR Botany Bay, 159383)	4 -1	140 m 2 mins	Turn right: From the intersection, this walk follows the management trail heading south-east through the bush (with Georges River off to the right, though not visible).
6.23	Int of Ridge Track and Ridgetop service trail -33.9804,151.0076 (GR Botany Bay, 160382)	68 -104	1.6 km 38 mins	Veer right: From the intersection, this walk follows the bush track heading through the thick scrub, away from the service trail and towards the river.
7.81	Int of Morgans Creek and the Ridge Track -33.9758,151.0187 (GR Botany Bay, 170388)	9 -11	570 m 10 mins	Veer left: From the intersection, the walk follows the road up the gentle hill, passing the entry ticket booth and coming to the intersection with Henry Lawson Drive.
8.38	Boomerang Reserve -33.9732,151.0202 (GR Botany Bay, 171391)	10 -7	570 m 10 mins	Continue straight: From the intersection, the walk follows Henry Lawson drive, keeping the river to the right.
8.95	Int of the Henry Lawson drive and Georges River National Park service trail -33.9707,151.0253 (GR Botany Bay, 176393)	11 -9	530 m 10 mins	Turn right: From the intersection, the walk follows the service trail away from the road, around the metal gate and towards Mickeys Point.
9.48	End of Gorges river service trail -33.9752,151.0249 (GR Botany Bay, 175388)	4 -6	230 m 4 mins	Continue straight: From the end of the service trail, the walk follows the bush track through the long grass towards the river.
9.71	West end of Mickeys Point Beach -33.9771,151.0245 (GR Botany Bay, 175386)	5 -9	600 m 10 mins	Continue straight: From the end of the bush track, the walk follows the beach (keeping the water on the right).
10.31	Base of Alfords Point Bridge -33.9762,151.0307 (GR Botany Bay, 181387)	9 -2	320 m 6 mins	Continue straight: From the base of the bridge, the walk heads off the sand and winds around mangroves and through reeds (keeping the river on the right).
10.64	Int of One Tree Point service trail -33.9746,151.0335 (GR Botany Bay, 183389)	38 -2	500 m 12 mins	Veer left: From the intersection, the walk follows the old service trail away from the river.
11.13	Int of One Tree Point bushtrack and Playford road -33.971,151.0325 (GR Botany Bay, 182393)	5 -38	1.4 km 23 mins	Turn right: From the intersection, the walk follows the footpath along Playfords road to the north-east, keeping the road on the right.

Summary navigation sheet for the East Hills to Padstow along the Georges River



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
12.56	End of Riverview road -33.9646,151.0409 (GR Botany Bay, 190400)	0 -10	190 m 3 mins	Turn left: From the end of the road, the walk follows the concrete footpath (following the power lines) between house numbers 5 and 6.
12.75	Western end of Salt Pan Creek Bridge -33.9637,151.0411 (GR Botany Bay, 190401)	8 -7	550 m 10 mins	Turn right: From the intersection, this walk follows the boardwalk down the wooden staircase and loops around under the bridge.
13.30	Salt Pan Creek picnic area -33.9605,151.0399 (GR Botany Bay, 189405)	3 -4	220 m 4 mins	Continue straight: From the picnic area, this walk follows the bush track up the steps (keeping the river on the right) and winds along the side of Salt Pan Creek until it drops back down some steps onto a boardwalk.
13.52	Bottom of Weenamana Place steps -33.9588,151.0406 (GR Botany Bay, 190407)	2 -2	170 m 3 mins	Continue straight: From the bottom of the steps, this walk follows the boardwalk as it winds alongside the river (keeping the river on the right), through mangroves for a short while.
13.69	Picnic area at base of Pipe Bridge -33.9576,151.0412 (GR Botany Bay, 190408)	10 -6	280 m 6 mins	Continue straight: From the picnic area, the walk follows the hardened management trail (keeping the creek on the right) as it winds along the side of the river.
13.97	Davies Reserve -33.9558,151.0402 (GR Botany Bay, 189410)	14 -12	700 m 13 mins	Turn right: From Davies Reserve, this walk follows the fenced boardwalk running parallel to the power lines, keeping Salt Pan Creek on the right.
14.68	End of Bridge Street -33.9514,151.0404 (GR Botany Bay, 189415)	16 -4	1.1 km 19 mins	Turn left: From the car park at the end of the street, this walk follows the foot path along Bridge Street to the 'T' intersection of Davies Road, where the walk turns left.